

*ABSTRACT AMENDMENTS*

Replace the Abstract with:

A resist is ~~stacked~~ on a substrate with a lower layer film ~~in~~ between the resist and the substrate. The lower layer film ~~is composed in such a way that~~ includes chemical elements and the element absorbing the largest amount of x-rays ~~of all the elements contained here is~~ the element C carbon. The ~~film~~ thickness of the lower layer film is determined by considering the ~~influence~~ influences of secondary electrons from the substrate and ~~that of the element C carbon~~ of the lower layer film. The resist ~~has added thereto an element Cl~~ includes chlorine, or a similar element, having a specific absorption edge. Under such conditions, ~~x-rays are irradiated such that~~ the average wavelength of x-rays absorbed in the resist is in a prescribed range. In this way, in x-ray exposure ~~can be performed while~~, blur caused by secondary electrons is suppressed using a wavelength region of relatively shorter wavelengths.